

# OCCUPATION-BASED TREATMENTS: PUSH AWAY FROM THE TABLE- Cones are for Ice Cream and Pegs are Tools in the Garage

An OTAH Online Educational Program



Saturday, October 17, 2020

8:00 AM to 4:30 PM

Online via Zoom

## **PRESENTER: Cathleen Johnson, MS, OTR, FMIOTA**

She is a Division Rehabilitation Director for a large health care organization in which she provides operational and clinical oversight for multiple post-acute rehabilitation departments. Cathleen has over 25 years of health care experience understanding the role of the clinician, the department head and operator. She was appointed an additional role of the Clinical Rehabilitation Consultant that allows her to provide guidance on documentation practices, clinical training and continuous quality improvement initiatives. She is a dynamic speaker that has trained thousands of clinicians nationwide.

## **Learning Objectives and Measurement for Occupation-Based Treatments**

As a result of this course, participants will:

1. Be able to verbalize the meaning and examples of preparatory, purposeful and occupation-based services.
2. Be able to describe the importance of personal, contextual and occupational relevance in the delivery of OT services.
3. Be able to describe a client-centered interview and how it impacts the OT assessment and treatment process.
4. Be able to articulate at least two frames of reference and how they impact evidence based practice
5. Be able to demonstrate how to incorporate occupationally relevant terminology to insert into documentation to communicate the distinct value of occupational therapy.

## **PROGRAM AGENDA**

**Total pdu: 6.25 hours**

<b>Time</b>	<b>Topic</b>
8:00 AM to 8:30 AM	Log in and Registration
8:30 AM to 9:30 AM	Overview, key terminology and concepts in occupations based treatments.
9:30 AM to 10:15 AM	Client-centered interviews and a review of various tools to establish an occupational profile of you client
10:15 AM to 10:25 AM	Break
10:25 AM to 11:10 AM	An overview of the evidence occupation-based interventions vs. rote exercise and preparatory activities. Overview of context and the impact of occupational performance.
11:10 AM to 11:55 AM	Using the AOTA Occupational Practice Framework Domain and Process to guide occupational therapy assessment and intervention.
11:55 AM to 12:55 PM	Lunch: Annual Membership Meeting
12:55 PM to 1:25 PM	Overview of the OT Process: Evaluation, intervention and targeting outcomes. Review the Performance of Self-care Skills Assessment
1:25 PM to 2:25 PM	Overview of Frames of Reference and how they impact assessment and intervention.
2:25 PM to 2:35 PM	Break
2:35 PM to 3:35 PM	Evidence on the use of occupations
3:35 PM to 4:05 PM	The continuum of occupation-based interviews review and experiential task, personal practice analysis and case studies
4:05 PM to 4:20 PM	Wrap up, test completion and program evaluation